



Monday, April 25, 2011 www.metronews.ca



News worth sharing.





# Painting an Easter-piece

# Professor fears for kin in Syria

◆ Local Islamic scholar worries in the wake of deadly protests in the country ◆ Embassy calls for Canadian citizens to leave Syria

The same day Canada's Foreign Affairs Department warned Canadians to leave Syria, a local professor with family in the unstable Middle East country said he fears things are only going to get worse.

"Of course I am concerned, not only for them but for the Syrian people as a whole," said Ibrahim Abu-Rabi, who is Palestinian but has three uncles and an aunt in Syria.

The warning comes amid reports by a human rights group of at least 120 people having been killed in two days, as forces of embattled president Bashar Assad fired at protesters.

The University of Alberta Islamic studies professor last travelled

to Syria in the fall. He said he never would have predicted the level of violence now unfolding there.

He last spoke to his loved ones a week ago, including friends "in the religious hierarchy," and he agrees travel there is dangerous.

Three hundred people have died since anti-government protests began last month.

"I would not recommend anyone go to Syria, and I wouldn't go myself," said Abu-Rabi.

He called the political climate "stagnant for 50 years" and said he "hopes the Syrian regime will meet the demands of the different regions" for the nation's sake.

Canadians in Syria are urged to register with the consulate, and

### To get information

- It's difficult to verify eyewitness accounts of deaths in Syria because foreign journalists have been expelled.
- Anyone in Canada looking for information about Canadians in Syria can call 1-800-387-3124 or email sos@international.gc.ca.

those needing emergency consular help can call (11) 611-6692, 611-6851, 611-6870 or 613-996-8885.

SHELLEY WILLIAMSON/

WITH FILES FROM THE CANADIAN PRESS

Activists detained in Syria {page 7}



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# Shortfall gives rise to tax hike

The typical Edmonton homeowner could see a \$119 hike in property taxes this year.

The city needs to collect \$952 million for city services and another \$354 million for provincial education.

That means the average homeowner will likely see a 4.8 per cent increase.

Prior to the education component, city council had approved a 3.85 per cent increase over 2010. They will discuss the new numbers Wednesday.

Meanwhile, apartment tax rates are decreasing 4.9 per cent and nonresidential properties are increasing 11.1 per cent.

Notices will be mailed May 20. • METRO

# Last day for early bird voters

There's still a chance to get in an early vote for the May 2 federal election.

Advanced polls will be open for the last time today, from noon to 8 p.m.

Elections Canada said the first day for the advanced vote, Friday, was quite busy, with some experiencing wait times, and that Saturday was slightly slower. Polls were closed yesterday for Easter.

The nearest voting station is available on the backs of voter information cards, and can be found by calling 1-800-463-6868.

METRO



# Oprah's gift to be paid forward

St. Albert resident received last-minute ticket to The Oprah Show
▶ Received \$1,000 to give to worthy causes and to start foundation



Making a difference is a priority for Monique Langridge, and thanks to Oprah she can do just that.

The St. Albert resident was an audience member when Stephen Paletta, to whom Oprah gave \$1 million in 2008 to start his own foundation, returned earlier this month to talk about giveback.org.

Paletta then surprised

the audience with \$1,000 gift cards for charity.

"I was quite excited," said Langridge. "While I was sitting there, I put my mind to work about where I could put this to good use"

Langridge was in Chicago with her husband, Ian, an Edmonton fire captain, when she received a last-minute ticket from her hotel concierge.

"I was just over the moon," she said. "Getting on the show is like a lotterv."

She plans to donate money to lymphoma research and treatment in the Chicago area, as the concierge lost her husband to the disease.

Portions of the money will also go to the MS Society, burn camps in both Canada and the U.S., supplies for colorectal cancer survivors (especially in the Third World) and the Edmonton-based Udder Project, which provides veterinary care in Rwanda.

### Planning stage

- ➤ Langridge is working with Paletta to set up some of the processes in the U.S., and hopes that the little bit she can give now will only be the start.
- She attended the show April 6, and it aired April 8.
- This week she hopes to unveil the name of her foundation and finalize the beneficiaries.





vitter war between "stupidhead" ind "boogerbrain" livens up the federal election. Scan the code for the story.

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# Panning on a gold streak

It's been over a century since the last gold rush in Alberta petered out, but the record-high price for the precious metal has sparked a run on panning supplies and prospecting tools.

"Every day since Christmas, we've sold a gold pan. I've never seen anything like it," says Kathryn Walters of Bedrock Supply in Edmonton. "I definitely see gold fever this year."

And it isn't just pans that people are buying. Books on how to find gold are becoming almost as tricky to find as gold itself. New print runs have been ordered, and photocopied versions are filling the void until they're ready.

Neil Dougherty of Touchwood Enterprises in Edson, Alta., says sales of the top-of-the-line metal detectors he stocks have doubled in the last two years. They cost \$5,595 and he sold 23 of them last year.

"I have more phone calls

than I can answer in the next few days," Dougherty says about the rush of new customers.

Some customers plan on taking the detectors as far as Sudan, Dougherty says. But others, according to Walters, don't plan on even leaving Edmonton, intending, rather, to pan on the shores of the North Saskatchewan River.

In the 1890s, gold seekers worked the river's banks, and many industrial operators used massive steam-powered barges to dredge and sift the gravel in search of the powdery "flour gold" the river contained.

By 1907, the gold was gone and many of the original panners had moved north to the Klondike. But hope lives on.

James Blower, in his book Gold Rush, wrote that the river's gold was believed to have flowed from "a great many small pockets" rather than from a single source.

This past week, with the price of gold surpassing \$1,500 per ounce, many Canadians are thinking now is the time to start hunting for gold again

According to the Alberta government's mining ministry website, a \$50 licence that's good for five years is required for anyone who wants to set up any equipment for washing sediments, such as a sluicebox or a rocker. There are other regulations, which include prohibiting the use of a backhoe or using mercury near the river's edge.

The richest deposits have probably been located and mined, the website warns.

"This means that amateur prospectors today are unlikely to strike it rich. But searching for gold and reliving a little of Alberta's history can still be fun," it states. THE CANADIAN PRESS

### EMILY LYNN KWIATKOWSKI

# Trust fund created for slain man's daughter

Those who wish to help the two-year-old daughter left behind by the slaying of John Kwiatkowski can give to a trust fund in his little girl's name. The Emily Lynn Kwiatkowski Trust Fund has been created at River City Credit Union, 11715–108 Ave.

Kwiatkowski was found dead in his home at 103 Avenue and 34 Street on April 14. Funeral services for the 29-year-old are tomorrow.

Police have not laid charges in the homicide, the city's 19th of the year. • METRO

# McCann search renewed

Hoping for closure, the family of Lyle and Marie McCann will renew searches as the ground thaws and dries up in the Edson area, where the St. Albert couple's burned-up RV was found. They were last seen July 3 after leaving for B.C. • METRO



events, 19 scribes on annual festival



With the Oilers out for the season, those looking for fast-paced entertainment may want to consider some poetry.

Yes, poetry.

Among highlights of the Edmonton Poetry Festival are tonight's adrenalinfrenzied Great Blinks of Fire, which gives 30 seconds to craft genius in the hot seat.

"It's truly fun," said Alice Major, president and artistic director of the festi-

"You have 76 poets, each with 30 seconds to come up with a poem.'

If you think words are best served wet. Poetryand-Wine Tasting is also on tap, with scribes sharing their craft paired with their favourite varietals.

Tomorrow's must-see is

# Winning ticket bought in **Edmonton**

Friday's \$33,301,693.30 million Lotto Max ticket was purchased in Edmon-

Western Canada

\$33M<sup>Someone</sup> bought a lotto ticket in Edmonton is now more than \$33 million richer.

Lottery Corporation has not announced the winner but did announce that only one ticket had the winning numbers of 7, 19, 34, 35, 38, 42 and 46.

METRO

# **City worker** killed by bus 'an exceptional person'

The woman who was struck and killed by an Edmonton Transit bus as she crossed 97 Street on her way to work April 20 has been identified as 28-yearold Ailish O'Connor.

City Manager Simon Farbrother called O'Connor, a city employee since 2006, "an exceptional person.

Police are investigating what caused the crash at 97 Street and 102A Avenue just before 7 a.m.



Poetry packs a punch with 22 roster Rapid-fire rhyming, slam poetry part of weeklong word fest

### Poetry-palooza

- The Edmonton Poetry Festival (through May 1) is supported by the Alberta Foundation for the Arts, Edmonton Arts Council. the Downtown Business Association and other sponsors.
- For a complete schedule and list of poets, visit edmontonpoetryfestival.com

Griffin Prize winners Al Moritz and Karen Solie, whose respective spouses, Theresa Moritz and David Seymour, both writers, help them spin yarns about How to Live With a Poet.

"We've got several events at the CBC Centre Stage if you're wandering around at noon hour," said Major.

Starving artists are welcome at the poetrypalooza, with most events free to attend.



# Posting early results could cost you \$25K

▶ Elections Canada: Enforcement complaint-driven, officials won't monitor Twitter ▶ Rationale is to keep early results from influencing other voters



Posting election results on social-media sites before polls close on May 2 could land you a \$25,000 fine, says Elections Canada.

Section 329 of the Canada Elections Act prohibits transmission of results before all polling stations have closed.

"It's important for us just to remind people that this is still on the books because there are possible ramifications to it," said Elections Canada

spokesperson John Enright.

Still, Elections Canada's friendly reminder isn't sitting well with some Canadians.

Ottawa blogger Peter Raaymakers kickstarted a discussion on Twitter and since then Internet users worldwide have been weighing in on the ban.

On Thursday, he tweeted: "@mrbarnabyjones You really think people in the West are influenced by how people in the East are voting?"

Karren Brown from Alberta tweeted: "Think the

"It's not up to Elections Canada to amend this. We're only the administrator. The law is written by Parliament."

JOHN ENRIGHT,
ELECTIONS CANADA SPOKESPERSON

law has be to (sic) reviewed & updated, but will respect Elxns Cda rules. Not a Conservative."

University of Ottawa Law professor Michael Geist offered his expertise earlier this month in an affidavit for a court case challenging the constitutionality of the provision. He wrote that such a ban in 2011 is "simply not possible without inflicting enormous harm to freedom of expression and public confidence in the election system."



LEADERS CROSS PATHS

# Layton, Iggy share stage

The Liberal and NDP campaigns, which some polls suggest are in a tight race for second place in this election, came face to face yesterday.

day.

Both Liberal Leader
Michael Ignatieff and
NDP Leader Jack Layton
gave remarks at a Sikh
celebration in Toronto.

There have been plen-

ty of instances during this campaign in which various leaders have crossed paths as they jet from city to city, but there hasn't yet been an event two leaders attended at the same time.

The annual Khalsa Day parade in Toronto is a huge affair that draws tens of thousands of Sikhs celebrating the birth of their religion.

The campaign clash comes as Ignatieff — as well as the other party leaders — have set their sights on Layton in recent days.

THE CANADIAN PRESS

# Vandals target Grits, Bob Rae

Slashed car tires, hateful graffiti, ripped campaign signs. Vandalism has spread throughout Toronto.

Liberal heavyweight Bob Rae and Eric Hoskins, a Liberal MPP, woke up on Saturday to see their car tires hacked.

While Rae's reaction was guarded, he acknowledged this is the "first campaign in which something like this has happened. Obviously signs get torn down and other things happen in a campaign.... I'm sorry this

has happened, but life goes on," he said

Rae tweeted Saturday his front left tire was slashed.

"It sounds like it's fairly widespread," he said of the vandalism, adding that when his wife took the car to get a new tire, somebody else was already at the shop whose car had been damaged by a key.

At least two-dozen cases of vandalism have been reported in the past couple of

TORSTAR NEWS SERVICE

# Photo op leaves kids no room to hop

The Conservative campaign's military precision with events has raised more than a few eyebrows during four weeks of electioneering.

Stephen Harper ensures his limited time with reporters is always held in front of partisan crowds, who cheer his answers — and on Saturday, purposely drowned out an unwelcome question.

But Easter morning brought a new development. Harper held a photo opportunity with more than a dozen cherubic kids at a suburban Victoria



home. After he gave a brief formal address, the hostess asked the strategically posed children to go on an Easter egg hunt. A Conservative campaign official quickly jumped in and said the kids were to stay in place while the national media asked Harper their allotted four daily questions, as the children squirmed and chafed.

THE CANADIAN PRESS

# Cameras not welcomed on Easter morn

A couple in Victoria, B.C., got a rude Easter morning awakening when they wandered out on to their balcony to find the national news media camped in their backyard.

Equipment had been set up in the yard so that media could cover a photo op with Stephen Harper next door. THE CANADIAN PRESS

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# **Activists** detained by Syrian forces

More than 300 killed since uprising against Assad's regime began five weeks ago: Human rights group

Syrian security forces detained dozens of opposition activists and fired from rooftops in a seaside town yesterday as authorities turned to pinpoint raids after days of bloodshed brought international condemnation and defections from President Bashar Assad's regime.

The strategy, described by a rights activist, appeared to be aimed at rattling the opposition's leadership and showing that the state's ability to conduct arrest sweeps has not changed despite abolishing nearly 50-year-old emergency laws last week.

The rising violence more than 120 people dead since Friday - brought calls from the watchdog group Human Rights Watch for a UN inquiry.

Yesterday's tactics also suggest a government effort to head off the round of protest marches.

The raids concentrated around the capital Damascus and Homs city, a hotbed of demonstrations against Assad's authoritarian rule. THE ASSOCIATED PRESS



light in the central city of Homs, Syria, on Friday. Syrian security forces fired live bullets and tear gas at tens of thousands of people shouting for freedom and democracy, wounding about 10 people.

# Rebellious rap scene booms in Benghazi

A growing group of amateur rappers are inspir-ing rebel fighters heading into battle against Moammar Gadhafi's forces.

The music captures the anger and frustration young Libyans feel THE ASSOCIATED PRESS

at decades of repressive rule under Gadhafi.

One song is Youth of the Revolution, which rap group Music Masters wrote after the uprising began in mid-February.

The freewheeling rap scene is emblematic of changes seen in eastern Libva in recent months. Rap, like other forms of Western culture, was despised by Gadhafi, who burned foreign musical instruments and books after he seized power in 1969.

# Yemen's big divide

Deep divisions within Yemen's opposition appeared to doom an Arab proposal for the president to step down within a

President Ali Abdullah Saleh agreed Saturday to transfer power to his vice-president in exchange for immunity from prosecution. Thousands protested yesterday claiming Saleh is just buying time to cling to

THE ASSOCIATED PRESS

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- Voice Mail > Caller ID

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# **Home Depot bans pets**

As of next month, Canadian pet owners will have to leave their companions at home when they go shopping at Home Depot. The chain is banning pets at its stores across Canada after an attack by a shih tzu sent an Ottawa-area employee to hospital last week. Home

Depot said the policy change was "the best decision for the shopping enjoyment and safety of all customers," but added that certified assistance dogs will still be allowed in stores when the policy comes into effect on May 16. THE CANADIAN PRESS





# **Insurance for tweets?**

# New policies offer liability coverage for foot-in-mouth online posts

As more and more companies turn to Facebook, Twitter and other social-media sites to market products, communicate with cus-tomers and collect information, they leave themselves open to lawsuits over intellectual-property infringement and defamation.

And where there's risk, there's the insurance sector. Brokers in Canada are starting to develop coverage for the consequences of unruly posts.

The liability risk stems from the fact that many

companies don't have clear, written policies for social networking, says Eric Dolden, a Vancouver insurance

"'My boss is a big fat cow' is a very common tweet," he says. "But people often stupidly then say where they work and who their boss is in the tweet."

The legal ramifications can be significant. "We've seen people, in their personal capacities - the 'bigfat-cow boss' — bringing a lawsuit against the individual," Dolden says. "And

we've also seen the company take action because their brand is suddenly viral, negatively."

Dolden says demand for social-media coverage which can cost up to \$100,000 for a \$10-million policy — is mostly from corporations. But it's only a matter of time before firms offer personal insurance lines, much like automobile insurance for drivers.

"I think it's going to come for individuals. It's probably about five years Olif." THE CANADIAN PRESS

"(Social-media insurance is) new in Canada. Brokers have caught on to what their colleagues are doing in the U.S. and have been verv strong in promoting this class of business."

MALCOLM RANDLES, POLICY WRITER FOR KILN. A SUBSIDIARY OF LLOYD'S OF LONDON

# **Radiation** checks for **Japanese** cars

Japanese automakers are checking radiation levels on cars slated for export in a bid to ease worries among foreign buvers. the Japan Automobile Manufacturers Association says. The automakers are inspecting about 10 out of every 5,000 cars for radiation inside and on tires. Nothing has been detected so far, the group says. Japan has been struggling to contain radiation leaks since the March 11 tsunami damaged a nuclear power plant in the northeast. The radiation checks on auto exports will continue until the crisis subsides, the group says. THE ASSOCIATED PRESS



# Bratz take Barbie to the matz

Mattel Inc. lost its claim to the billion-dollar Bratz doll line on Thursday when a U.S. federal jury awarded the copyright to rival MGA Entertainment Inc., along with more than \$88 million US in damages for misappropriation of trade secrets. The verdict was a staggering blow to the toy giant, which has long claimed the smaller company stole the idea for the pouty-lipped toys that gave Mattel's Barbie a run for her money after decades of fashion-doll dominance.







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metronews.ca MONDAY, APRIL 25, 2011 09

# THEY PAVED **PARADISE** AND PUT UP PARKING LOTS

# **URBAN COMPASS**

TERENCE HARDING

The city's The Way We Green plan is available on its website. It outlines a vision for Edmonton in 2040.

The goals the plan outlines are nothing if not lofty. And,

to be fair, all of them appear to be worth achieving. How able and willing we are to achieve them could prove to be another matter. Either way, it would be a good idea for you to look at this plan because it is likely to affect where and how you live in this city, as well as your tax bill. The

younger you are, the more important this plan is to you and your future.

Some of the goals outlined in the plan should come as no surprise. As the plan states, "Citizens, stakeholders

"The people who will be directing how this city becomes green are also the people who have approved every single new development on the edges of the city, much of which has resulted in prime agricultural

land being

paved over."

and experts who helped develop this plan identified 'sprawl' as the key challenge facing the city in the next 30 years.'

I doubt that for anyone with even the most marginal of environmental consciousness and a modicum of common sense would argue against that being the case. However, in essence, we are putting our "green" future in the hands of the very same people who helped create many of the city's environmental concerns, which the plan is supposed to address.

You have to remember that it was the City of Edmonton that approved South Edmonton Common and the traffic bottleneck that has taken hundreds of millions of dollars to correct. I wonder if anyone ever determined what kind

of impact the concrete, asphalt and emissions from the equipment that built the interchange and overpass has had on the environment?

The people who will be directing how this city becomes green are also the people who have approved every single new development on the edges of the city, much of which has resulted in prime agricultural land being paved over. It is also those new subdivisions that place real stress on the city's ability to create and maintain the infrastructure necessary to support those new subdivisions.

I'm all for creativity, so I think it's kind of a neat trick to create a problem and then position yourself as a key player in the solution to that problem.

This plan will be discussed May 11 at city hall at 1:30 p.m. One has to wonder why such an important document would be discussed at a time when very few Edmontonians are able to attend



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How many times a week do you find time to exercise?



### Local tweets



▶ @Some timesCritic: How many people in #vea

with north & east facing backyards were out yesterday or today shovelling patios or decks? #iwas

- @hithatsmybike: Sunny #yeg! Maybe I can wear my Easter dress without tights and not freeze
- @Michael\_\_Gibson: Easter to all my twitter friends. Safe travels, quality family time and good eats. #yeg #easter @PABsurvivor: Hear Lavton's going to Fort
- Edmonton. Surprised he'll go near that symbol of capitalism. Maybe he wants to unionize fur traders. #yegfed #yeg
- @hackletweets: The closure of Scona Rd. is really going to cramp my style. Just sayin'. #yeg #gladidontwork9to5
- @KyleGalliver: Is anyone else slightly bothered by the thought of a giant rabbit breaking into their house and leaving mystery candy? #happyeaster #yeg
- @spbrennan: A lot of cops on hwy 2 between #yeg and #yyc. #slowdown

# #elxn41: **Be Heard**

Metro invited Federation of Canadian Municipalities CEO Brock Carlton and columnist Ivor Tossell to discuss urban issues and what's missing from the federal election campaign. The following are excerpts from the online chat.

METRO: Why should a federal campaign address urban issues?

**BROCK:** The federal government has a large role to play in our cities and communities. Their policies and programs have a direct impact on cities and towns. The feds cannot deliver to Canadians without working with cities. Our country is too big and complex to work in silos. And we need national leadership from the feds on key issues that affect our economy, the environment and social

IVOR: Well, you could ask, what does the federal government have to do with health care, which is also a provincial matter? The fact is that cities are a central part of Canadian life, just like health care. A national vision for what it means to live in a Canadian city is important - it's quality of life. COMMENT AT METRONEWS.CA OR EDMONTONLETTERS @METRONEWS.CA.

### **Cartoon** by Michael De Adder



# **Mystery person** hops to it to help woman and pet

An anonymous donor has purchased a \$50,000 insurance policy to help an Oklahoma woman keep her pet kangaroo as a therapy pet.

The Broken Arrow city council is considering an exotic animal ordinance exemption that would allow Christie Carr to keep Irwin, the partially paralyzed red kangaroo, within city limits.

Council could vote May 3 on a proposal that would allow exotic animal owners to keep their pets if they obtain a newly created permit. The permit would require them to have a liability insurance policy for any injuries inflicted by the animal, certification showing the animal has adequate housing for its health, and meet all U.S. federal and state guidelines for licensing, among other provisions.

Carr said she couldn't have afforded to purchase such a policy and even contemplated moving out of Broken Arrow to continue caring for the animal, Coun, Richard Carter said the ordinance exemption is designed to allow Christie to keep Irwin within city limits while safeguarding residents from potential harm the animal might cause. THE ASSOCIATED PRESS

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metr@scene

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### **Box office**



Anne Hathaway and Jesse Eisenberg's talking birds have edged out Tyler Perry's sass-talking grandma at the weekend box office. The animated family adventure Rio took in \$26.8 million to remain the No. 1 movie for the secondstraight weekend.





# Kitsch Kitsch, Bang Bang

• Friday Night Lights star gets so into character for role as South African war photographer in The Bang Bang Club, he needed counseling to get back out



Taking on the role of photojournalist Kevin Carter in The Bang Bang Club was hardly a vacation for Taylor Kitsch.

"I didn't sleep. It was a zoo to shoot," he says of the film, which tells the true story of a group of photographers covering the violent last days of apartheid in South Africa. "Ît wasn't a fun shoot for me at all. I had a lot of kidney problems playing Kev, through the diet and los-ing 30-something pounds." Known to audiences for

his work on Friday Night Lights, and starring alongside Hugh Jackman in Wolverine, Kitsch threw himself into playing Carter, starting before heading to Johannesburg for filming.

"I had two months to prep on my own in Austin, so that entailed shadowing a photographer, getting a Leica, which is about a 60year-old film camera that Kev used, developing my-self with that, shooting about five to 10 rolls a day and then losing the 30something pounds just running every day in Austin," he explains.

"There's so much pressure I personally put on myself to do this guy justice, so I prepped and prepped so much. It brings your game up more. I would've done anything to get where I needed to be, to feel I could let the scene go. I was a wreck. It's an incredible amount of energy.

But any amount of effort was more than worth it, Kitsch insists, given how badly he wanted to do the film. "Even reading the script and fighting for the role, it was a matter of, like, I know I can play this guy truthfully," he says. There's something that I know I could hit with him."

But while he worked relentlessly on getting into character, Kitsch wasn't necessarily prepared for how difficult it would be to get out of character, given the intense scenes Carter lived through. (Carter won a Pulitzer Prize for a photo of a young Sudanese girl resting being stalked by a vulture.)

"Some counseling was needed, and just separating yourself and being incredibly conscious of it and being OK that it's taking time to let go was a big thing for me.

"Playing other characters, I can let go and I can laugh a lot. It's not as heavy, obviously. But you take it home with you.

Luckily he won't be taking as much home with him again soon, as his next projects are more on the fun side. Of course, even his upcoming Battleship — based on the board game — isn't without its gravitas.

"Just because it's this big film doesn't mean we can't have a very, very intense moment here or there, or have loss," he

Speaking of aliens, Kitsch will be keeping with the action genre as the title character in John Carter of Mars.

"I was looking at a 100foot green screen and there was an X on it at the 75-foot mark, and that was supposed to be a ship that I'm blowing up," he says. "In situations like that, escapism is a lot harder as an actor, and tests you in different ways.

"With Bang Bang, I had a f—ing child and a vulture. If you can't put yourself in a present moment there, then you've got to go back to New York and study a bit more.'





metr@dish

metronews.ca MONDAY, APRIL 25, 2011

# Lindsay facing serious jail time

**○** Lohan given 120-day sentence **○** Could still be cleared

Though her felony charge was reduced to a misdemeanor, Lindsay Lohan was sentenced to 120 days in jail plus 480 hours of community service for violating her probation by allegedly stealing a \$2,500 necklace from a jewelry store, according to TMZ.

But Lohan isn't sunk yet, as the judge is giving the actress the chance to prove her innocence at a trial set to begin May 11.

Lohan posted \$75,000 bail and was released five hours later. Her lawyer is appealing the decision.

METRO



# **Celebrity tweets**



in hallway and lined it with cardboard

standees of interviewers so breakfast feels more like the '70s.

@chriscolfer

My spirit animal is definitely a goldfish. One of those

over grown ones in a home made koi pond. What's vours?

@GaryShandlin

When I feel sexy Lleave the top two

buttons of my shirt open and my fly halfway down. It's a look

# JLo ready to leave Idol?





# Mr. Bean confirmed for Royal wedding

Buckingham Palace has released a "selected" list of guests confirmed for this week's Royal wedding of Prince William and Kate Middleton, according to Popeater, confirming earlier reports that invitations had gone out to Elton John as well as David and Victoria Beckham. Also on the list are Guy Ritchie, Joss Stone and Mr. Bean star Rowan Atkinson.

Guests have been asked to make donations to charities in lieu of wedding gifts.









metr@family

metronews.ca MONDAY, APRIL 25, 2011

# life

# need this

### **Hello Kitty Beanie Baby**

You've got a good reason to buy this, besides it being anime and cool. Part of the proceeds will help the Red Cross efforts in tsunami-ravaged Japan. The company

behind the doll, Ty, has pledged \$1 million to the Red Cross.

\$5.99, Ty.com



# Yikes! Her first dance!

• This week, the Disney movie Prom premieres, reminding us how fun and scary a school dance can be Dr. Susan Newman, Ph.D., social psychologist and author of The Book of NO: 250 Ways to Say It — and Mean It and Stop People-Pleasing Forever, addresses parents' worries



METRO WORLD NEWS

WORRY ONE: Dances are basically foreplay for teen sex. I've discussed responsibility with my kid, but I am worried the advice will be forgotten after a night of dancing and too many episodes of Gossip Girl.

SAYS THE DOCTOR: The values and advice you have shared with your teenager hopefully have "sunk in" by the time prom rolls around. It is up to your child to be smart when it comes to sex. Worry about things you can orchestrate. Send your child off to have fun, but with a quiet reminder to be careful.

WORRY TWO: Someone else's kids are going to get drunk and drive. How do I warn my kid without sounding like a public service announcement?

SAYS THE DOCTOR: You absolutely want to sound like a public service announcement! In the weeks leading up to the dance, remind your child of teen drunk driving tragedies. You can soften your parental stand by reminding your child that he or she is the most important thing in your life and it's your job to keep him or her safe. Sounds soppy, but it's true.

WORRY THREE: My child is an introvert and will probably spend the entire evening against the wall. What should I do?

SAYS THE DOCTOR: You might suggest that your child arrange to attend the dance with a group of friends or one friend. Beyond that, there's not a lot a parent can do ... and trying to hard makes the situation worse. If you try to discuss it, your child will tell you don't understand and you probably don't. It hurts parents to see a child suffer, but as parents we have to accept the fact that we can't protect our children from every insult.

WORRY FOUR: There's an after-prom party at some other kid's house. The parents are out of town. There will be no chaperones. When do I storm in and act like a police officer?

SAYS THE DOCTOR: You don't. Why can't parents say NO anymore? The teen brain is not fully mature, particularly the part that thinks ahead, weighs consequences, and manages emotional impulses. Parties without chaperones tend to get out of hand easily: uninvited guests appear, alcohol and drugs get consumed, noise levels rise and judgment fails. Neighbours call the police and your child winds up in a situation he or she never intended. Boundaries, parents, that's your job. Say no or offer to hold the party at your



# Royal Wedding weddingbells metra

Something of

Will Kate Middleton wear a family heirloom?

It's guaranteed that Kate Middleton will wear a tiara on her wedding day. What we don't know is if it will be old, new or borrowed from the royal vault.

Gifting a royal bride with a tiara as a wedding present is a long-standing royal tradition. For her wedding, the Queen pre-sented Diana with The Cambridge Lovers Knot tiara, which was made in 1911 for Queen Mary. Sarah Ferguson was given

a tiara the royals purchased from Garrard, Sophie, Countess of Wessex, was given a custom-made tiara. It featured jewels from a necklace belonging Victoria. Queen ALISON MCGILL/ WEDDINGBELLS



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# New spin on classic chicken & waffles

• What do pankcake mix, barbecue sauce, nachos & chicken have in common? • They're used to create this dish

# DINNER **EXPRESS**

EMILY RICHARDS

FOOD@METRONEWS.CA



I never back down from a challenge, so when Canadi-Family magazine

asked me to participate in the launch of its Food Awards, I was game.

The awards honour the top brands used in Canadian households, and will be announced in a special Winter Food Issue. In the meantime, readers can vote and participate in the Canadian Family Creative Cook Challenge (canadianfamily.ca/creative-cookchallenge), during which they must use provided ingredients to create dessert. My challenge involved

Upper Level

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pancake mix, plain yogurt, barbecue sauce and more. I came up with Crunchy Chicken Salad Waffle Wraps. I used the pancake mix and yogurt help to create a light fluffy waffle that stays soft and can be used to wrap the chicken, or simply serve it on top.

### **Preparation:**

- Place pancake mix in bowl; set aside. In another bowl, whisk eggs, yogurt, milk and butter. Whisk into pancake mix until smooth.
- Heat waffle iron. For each waffle brush lightly with oil: pour in scant 1/2 cup (125 ml) of the batter. Close lid and cook for about 4 minutes or until steam stops and waffle is golden. Remove gently and repeat with remaining batter; set waffles aside.

- Crunchy Chicken: In shallow baking dish, whisk barbecue sauce, mustard and thyme. Add chicken and turn to coat evenly; set aside for 10 minutes or cover and refrigerate 8 hours.
- Combine nachos and mum mums in bag and crush into crumbs. Add parsley. Place few chicken strips in bag and shake to coat. Place coated chicken on parchment paper lined baking sheet and repeat with remaining chicken. Bake in 425 F (220 C) oven for 15 minutes or until no longer pink inside. Top waffles with lettuce and chicken. EMILY RICHARDS IS A PROFES-SIONAL HOME ECONOMIST. COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, EMILYRICHARDSCOOKS.CA.



### **Ingredients:**

- 1 cup (250 mL) Aunt Jemima Original pancake mix
- 2 eggs • 1 cup (250 mL) Activia plain yogurt
- 1/3 cup (75 mL) milk
- 2 tbsp (25 mL) butter

### Crunchy Chicken:

- 1/3 cup (75 mL) Diana gourmet barbecue sauce
- 2 tsp (10 mL) Dijon or yellow mustard
- 1/2 tsp (2 mL) thyme
- 1 pkg (425 g) Maple Leaf Prime boneless skinless chicken breasts, cut into

- 3 cups (750 mL) Doritos nacho chips (Nacho cheese or Cool Ranch)
- 2 pkgs Toddler Mum Mums
- 2 tbsp (25 mL) chopped fresh parsley or basil
- Romaine lettuce leaves



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# **Restaurants looking to**

rant movement. But what happens to all the food

that ends up uneaten at the table?

In what you might call a burgeoning tableto-farm

movement, small but growing number of companies are being launched around the U.S. to answer that question, to help restaurants deal with the ecologically expensive

composting it. The restaurant business is an incredibly wasteful business," says Peter

problem of food waste by

restaurant in Portsmouth, N.H.

And so two years ago Egelston's brewery began composting with the help of EcoMovement, a company that hauls food waste from about 40 restaurants in the region and takes it to be composted.

But few restaurants have the space or time to compost their own waste. And so they typically pay to have it disposed of in landfills along with the rest of their trash.

But as communities have struggled to reduce their waste, pressure has mounted on the restaurant industry to do its part.

THE ASSOCIATED PRESS loo

# Restaurants looking to contribute ecologically Much has been made of the farm-to-table restaurants Portsmouth in Portsmouth in

• Canadian companies emerging as leaders in the clean-tech industry



With each Earth Day that passes, our world becomes more ecologically aware. New, emerging technologies are greener, and vast profits are out there for innovators with the right product, in the right place, at the right time.

Canadian companies are beginning to do very well in the clean-tech field - but not without some considerable risk.

"You have to approach the market in a very strategic manner," says Gael Mourant, president and CEO of ARXX, a leading supplier of Insulating Concrete Forms (ICFs) for energy-efficient construction. The construction industry is very averse to change. You have to make people comfortable with the idea they can do things differently, but at the same time, actually get a better product at a more cost-effective price.'

ARXX is based in Cobourg, Ont. Mourant says proximity to the United States is a significant advantage for Canadian clean-tech firms.

"Americans are very receptive to working with Canadian companies, because they see Canadians as being honest and forthright, and as innovators,"

"Primarily, Canadians are very adaptable. I think



we're very open to new ideas. The idea of green buildings and energy savings is very rooted in Cana-

Scott MacDonald is a partner at Emerald Technology Ventures, an investment firm specializing in clean-tech start-ups.

He sees deteriorating global infrastructure as a opportunity huge Canadian firms.

"There are 70 to 100year-old assets — around the world — where they don't have technology and innovation right now," he

### Clean tech

Be sure to check it out

Fund The Alberta Clean Technology Fund announced a year ago its clean technology innovation fund had reached a thriving \$187-million. The fund supports projects that boost renewable forms of energy, offering essential capital investment in the development of greener. cleaner energy sources.

"We're trying to make the grid smarter. We're trying to identify where leaks in water systems are. That's not an emerging market. That's a market that exists, that isn't presently efficient. We're taking real business problems that exist today, and finding clever solutions that are better for the environment."

But even though the market for cleaner products and practices can only grow, MacDonald warns the business risks are very

"Nothing in life is lowrisk," he says. "We mitigate risk in certain ways, but clean-tech is high-risk. It's for big boys and girls. But the prize is so big in these markets, that Canada should absolutely — as a resource-based economy be players in this space.





# Go ahead, take the post-school plunge



# TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA



Unconventional and a risk taker. That describes Ottawa interior designer Jason Bellaire,

who says that you have to

get past your fear and believe in yourself if you're going to be successful in business.

After struggling with his career in his 20s, Bellaire decided to go back to school at the age of 30 to study interior design and architecture.

Jason raised a few eyebrows in the industry when he started his own company six months after graduation.

"It was hammered into our heads at school that you had to apprentice for five or six years before going out on your own. I had to overcome my fear and now looking back over the last two years I can't believe how far I've come."

Jason and his partner, Denise Hulaj, are the hot new design team taking our nation's capital by storm with 10 projects on the go.

He has this advice for

people who are thinking about starting their own business.

"Plunge into the darkness, ignore the monsters and don't be afraid to ask for advice."

### Jason's tips

Tools to a successful business design

- Believe in yourself and your talents.
- Don't make the same mistakes twice.
- Hang out with other successful people and learn.
- Find a mentor and ask lots of questions.
- Don't think that you know it all. Be humble.

# Life after the lay-off

# • Don't fall into failure-mode • The future is bright!

A job loss effects more than just one person.

Lisa Caldas Kappesser, author of The Smart New Way to Get Hired, shares her advice on how to get everyone through it.

### Communication

Discuss with your family what your job search strategy is and what steps you have taken or plan to take in the near future.

Communication is critical in families, particularly in times of stress and crisis when many people tend to withdraw.

### Empathy

Everyone needs support and understanding. If you have children, listen to their concerns and keep in mind that most children are egocentric.

### Optimism

Be a role model for your family in how to deal with crisis and change. Your children will be in a job search someday and will remember how you handled it.

They learn from your behavior, so it's best to model positive behavior.

### Self-confidence

If you have confidence in yourself, your family and significant other will have more confidence that you can and will find another job. You need to think and act in terms of when you find your next job and not if you will find another job.

### Conflict management

Accept that there will be disagreements and work to resolve them. It takes less energy to deal with a conflict when it first arises than



it does after months of letting it build up.

Dealing with disagreements openly can help everyone move in a positive direction. Know that you might not agree at the end of your discussion.

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# sports

Quoted

"Tonight was

one of those

games that we

have to leave it

all out on the

court. Wasn't no

need to take

anything home

with us, and we

did that.'

CARMELO ANTHONY AFTER

HIS KNICKS LOST 101-89 TO

THE CELTICS YESTERDAY AND

WERE SWEPT OUT OF THE

PLAYOFFS, ANTHONY HAD 32

POINTS AND NINE

REBOUNDS.

# **Predators knock out the Ducks**

Nick Spaling scored his second goal of the game at 4:53 of the third period and the Nashville Predators closed out their first postseason series victory to advance to the Western Conference semifinals, beating the Anaheim Ducks 4-2 yesterday.

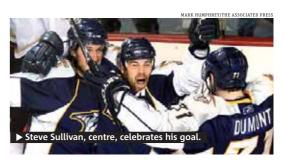
Steve Sullivan scored a goal, David Legwand had an empty-netter and Jordin Tootoo assisted on Spaling's goals. The Predators won the series 4-2 in their sixth post-season in seven sea-

Jason Blake scored a power-play goal, and Teemu Selanne also had a goal for the Ducks. Anaheim looked tired early after blowing a lead late before losing Game 5 in overtime. They looked tired late as coach Randy Carlyle went heavily with his top two lines, trying to rally.

Anaheim lost in the opening round for the third time in seven playoffs.

The fifth-seeded Predators must wait to see who they play next.

THE ASSOCIATED PRESS



# Canucks a loss away from epic collapse

# Schneider starts over Luongo, but falls to injury early in third period

Ben Smith scored on a rebound at 15:30 of overtime and the defending Stanley Cup champion Chicago Blackhawks beat the Vancouver Canucks 4-3 last night to force a seventh game in the opening-round

The Canucks, with the NHL's best record during the regular season, have lost three straight after it appeared they were in control of the series. Game 7 is tomorrow in Vancouver.

Smith, a rookie, followed in a long, hard shot from the point by teammate Niklas Hjalmarsson that bounced off goalie Roberto

Luongo didn't start the game but was called upon in the third period, when Cory Schneider had to be



CANUCKS

helped off the ice after he was injured as he tried to stop Michael Frolik's penalty shot that tied it at 3.

Daniel Sedin, Alexandre Burrows and Kevin Bieska scored for the Canucks. Bryan Bickell and Dave Bolland added goals for the Blackhawks.

Chicago goalie Corey Crawford made 32 saves, including 12 in overtime when the Canucks pressed and appeared ready to win the game and end the series. THE ASSOCIATED PRESS



# Flyers force a Game 7

Scan code for more sports

Ville Leino scored 4:43 into overtime and Brian Boucher's return in a relief appearance sparked the Philadelphia Flyers to force Game 7 in their first-round playoff series against the Buffalo Sabres.

Danny Briere twice and Boucher stopped 24 shots in a 5-4 win yesterday in what's been a tight



series that heads to Philadelphia for Game 7 tomorrow.

Boucher took over to start the second after Michael Leighton allowed three quick goals. Scott Hartnell and James van Riemsdyk also scored for the Flyers.

Thomas Vanek had two goals for Buffalo, with Rob Niedermayer and Nathan Gerbe also scoring.

THE ASSOCIATED PRESS

# **Sports in brief**

# Nash will wear C for Canada

IIHF HOCKEY. Rick Nash has been named Canada's captain ahead of the IIHF world hockey championship.

The Columbus Blue Jackets star will wear the C when Canada opens

the tournament Friday against Belarus. THE ASSOCIATED PRESS

# **MVP** favourite **Rose slated for** MRI on foot

NBA. Chicago Bulls star Derrick Rose had a walking boot on his left foot yesterday and was scheduled for an MRI on his sprained ankle later in the day. THE ASSOCIATED PRESS

# NATIONAL HOCKEY LEAGUE

### **PLAYOFFS**

All times Eastern
CONFERENCE QUARTER-FINALS

EASTERN CONFERENCE

Washington (1) vs. N.Y. Rangers (8) (Washington wins series 4-1) Saturday's result

Saturday's result
Washington 3 N.Y. Rangers 1
Philadelphia (2) vs. Buffalo (7)
(Series tied 3-3)
Yesterday's result
Philadelphia 5 Buffalo 4 (OT)
Friday's result
Buffalo 4 Philadelphia 3 (OT)
Tomorow's game
Buffalo at Philadelphia 7:30 p.m.
Boston (3) vs. Montreal (6)
(Boston leads series 3-2)
Saturday's result

Saturday's result
Boston 2 Montreal (2CT)
Tomorrow's game
Boston at Montreal, 7 p.m.
Wednesday's game
x-Montreal at Boston, TBA
pittsburgh (4) vs. Tampa Bay (5)
(Pittsburgh leads series 3-2)
Saturday's rosult

Tampa Bay 8 Pittsburgh 2
Tonight's game
Pittsburgh at Tampa Bay, 7 p.m.
Wednesday's game
x-Tampa Bay at Pittsburgh, TBA

WESTERN CONFERENCE

Vancouver (1) vs. Chicago (8) (Series tied 3-3) Last night's result (Series tied 3-3)
Last night's result
Chicago 4 Vancouver 3 (OT)
Tomorrow's game
Chicago at Vancouver, 10 p.m.
San Jose (2) vs. Los Angeles (7)
(San Jose leads series 3-2)
Saturday's result
Los Angeles 3 San Jose 1
Tonight's game
San Jose at Los Angeles, 10 p.m.
Wednesday's game
Los Angeles at San Jose, TBA
Detroit (3) vs. Phoenix (6)
(Detroit wins series 4-0)
Anaheim (4) vs. Nashville (5)
(Nashville wins series 4-2) (Nashville wins series 4-2)

**Yesterday's result** Nashville 4 Anaheim 2 Nashville 4 Anaheim 2 **Friday's result** Nashville 4 Anaheim 3 (OT) x — played only if necessary.

BLACKHAWKS 4, CANUCKS 3 (OT)

First Period
1. Vancouver, D.Sedin 5 (H.Sedin, Burrows)

Penalties — None.
First Overtime
7. Chicago, Smith 3 (Hjalmarsson, Hossa)

First Overtime
7. Chicago, Smith 3 (Hjalmarsson, Hossa)
15:30
Penalties — None.
Shots
Vancouver
7 6 10 12—35
Chicago 9 10 3 11—31
Goal (shots-saves) — Vancouver: C-schneider (20-17), Luongo (J. 33–50)(2:31 third) (13-12);
Chicago: Crawford (W.33–50).
Power plays (goals-chances) — Vancouver: 0-2: Chicago: Crawford (W.33–50). 2; Chicago: 0-4. Att.— 22,014 (19,717) at Vancouver.

FLYERS 5, SABRES 4 (OT)

First Period
1. Buffalo, Niedermayer 1 (Ennis, Myers) 2:13
2. Buffalo, Vanek 4 (Myers, Gragnani) 8:41

(pp) 3. Philadelphia, Briere 4 (Hartnell, Leino) 14:53 4. Buffalo, Vanek 5 (Myers, Gragnani) 19:27

(pp) **Penalties** — Hartnell Pha, Gaustad Buf (rough-Penaltes — Hartnell IPha, Gaustad Buf (rough ing) 1:21, Cartille Pha (ross-checking) 7:50, Gerbe Buf (holding stick) 10:05, Connolly Buf (cross-checking) 16:13, Buffer Buf (delay of game) 17:38, Pronger Pha (slashing) 18:02, Meszaros Pha (high-sticking) 18:14. Second Period 5. Philadelphia, van Riemsdyk 3 (Giroux) 0:49 6. Philadelphia, Briere 5 (Meszaros, Giroux) 8:43 (m)

o. Philadelphia, Britere > (Meszaros, Giroux) 843 (pp) 7. Buffalo, Gerbe 2 (Butler, Miller) 16:09 Penalties — Leopold Buf (holding) 7:48, Ver-steeg Pha (slashing) 13:06, Richards Pha (boarding) 13:57. Third Period 8. Philadelphia, Hartnell 1 (Richards, Zherdev)

10.43

13 **altv —** Butler Buf (holding) 8:39.

Penalty — Buter but (riotality) 6.39.
First Overtime

9. Philadelphia, Leino 2 (Richards, Versteeg)
4:43
Penalties — None.
Shots on goal by
Philadelphia
17. 14. 14. 4.40

Shots on goal by
Philadelphia 17 14 14 4—49
Buffalo
Goal (shots-saves) — Philadelphia: Leighton
5), Boucher (W,3-1-0) (start second) (25-24)
Buffalo: Miller (L,3-3-0). Power plays (goals-chances) — Philadelphia: L-5; Buffalo: 2-5.
Referees — Kevin Pollock, Chris Lee.
Linesmen — Tim Nowak, Brian Murphy.
Att. — 18,690 (18,690) at Buffalo. n (8-

PREDATORS 4, DUCKS 2

First Period
1. Anaheim, Selanne 6 (Koivu) 10:22
2. Nashville, Spaling 1 (Tootoo) 19:32
Penalty — Sexton Ana (holding) 16:02.

Second Period 3. Nashville, Sullivan 2 (Dumont, Geoffrion)

3:29 4. Anaheim, Blake 3 (Ryan, Visnovsky) 18:23

(pp)
Penalties — Beauchemin Ana (high-sticking)
4:53, Dumont Nash (tripping) 17:09.

4-53, Dumont Nash (tripping) 17:09. Third Period 5. Nashville, Spaling 2 (Toottoo, Rinne) 4:53 6. Nashville, Legwand 2 (Ward) 19:50 (en-pp) Penalties – Fisher Nash (tripping) 7:48, Koivu Ana (interference) 19:22, Selanne Ana (mis-conduct), Perry Ana (slashing) 19:50. Shots on goal by

 Shots on goal by
 4
 12
 11
 −27

 Nashville
 10
 11
 9
 −30

 Goal — Anaheim: Emery (L.2-3-0): Nashville: Rinne (W.4-2-0). Power plays (goals-chances)
 −Anaheim: 1-2; Nashville: 1-4
 −Anaheim: 1-2; Nashville: 1-4
 Att. − 17,113 (17,113) at Nashville; Tenn.

# **SATURDAY**

**BRUINS 2, CANADIENS 1 (20T)** 

First Period
No Scoring.
Penalties — Ference Bos (holding) 14:16, Desharnais Mtl (interference) 15:47, Peverley
Bos (goaltender interference) 17:11.
Second Period
No Scoring

Section Period
No Scoring.
Penalties — Moen Mtl (holding) 1:53, Plekanec
Mtl, Marchand Bos (roughing) 19:07.
Third Period
1. Boston, Marchand 1 (Bergeron, Kaberle)
4:33

4:33 2. Montreal, Halpern 1 (Eller, Darche) 13:56 Penalties — None. First Overtime

No Scoring.
Penalty — Sopel Mtl (tripping) 16:12.
Second Overtime
3. Boston, Horton 2 (Lucic, Ference) 9:03
Penalties — None.
Shots
Montreal 10 6 14 9 6

LIGHTNING 8, PENGUINS 2

First Period
1. Tampa Bay, Gagne 1 (Purcell, Lecavalier)
16:57

16:57

Z. Tampa Bay, Stamkos 1 (Downie, Hall) 17:43

Penalties — Kubina TB (interference) 6:47,
Lecavalier TB (roughing) 19:27.

Second Period
3. Tampa Bay, Lecavalier 2 (Stamkos, St. Louis) 1:56.

Louis) 1:55
4. Tampa Bay, Gagne 2 (Moore, Lundin) 5:31
5. Tampa Bay, Stamkos 2 (Brewer, St. Louis) 7:00 (pp)
Penalties — Tampa Bay bench (too many men; served by Downie) 3:15, Rupp Pgh (boarding) 6:52, Lecavalier T8 (hooking) 9:20, Letang Pgh (cross-checking) 9:39, Hedman TB (interference) 17:02.
Third Parind

Third Period 6. Tampa Bay, Kubina 1 (Purcell, Bergeron) 2:54 (pp) 7. Tampa Bay, Kubina 2 (Purcell, Downie) 5:45

7. Tampa Bay, Kubina 2 (Purcell, Downie) 5:45
8) Pittsburgh, Rupp 1 (Kovalev, Talbot) 6:36
9. Pittsburgh, Conner I (Talbot, Letang) 8:22
10. Tampa Bay, Moore 1 (Bergenheim, Thompson) 15:35;
9. Penalties — Kovalev Pgh (high-sticking) 1:29,
Penalties — Hower Pgh (hoarding) 1:25,
Downie 18 (roughing, misconduct; served by Malone), Orgik Pgh (misconduct) 16:26, Moore TB (hooking) 19:13
Shots on goal by
Tampa Bay 8 10 7 25
Pittsburgh 13 7 13 53
Goal (shots-saves) — Tampa Bay Roloson (W. 2-3) Pittsburgh. Fleury (J.-32) (14-10),
B.Johnson (5:31 second, 11-7),
Power plays (poals-chances) — Tampa Bay: 4-7, Pittsburgh. 0-7,
Att. — 18,755 (18,087) at Pittsburgh.

**CAPITALS 3, RANGERS 1** First Period 1. Washington, Green 1 (Ovechkin, Laich) 5:59

(pp)
Penalties — McCabe NYR (tripping) 5:42,
Drury NYR, Dubinsky NYR, Semin Wash, Laich
Wash (roughing), New York bench (unsportsmanlike conduct; served by Prospal) 5:59.

. Washington, Ovechkin 3 (Hannan, Laich)

7:04

Penalties — Prust NYR (interference) 7:53,
Bradley Wash (hooking) 10:20, Erskine Wash (interference) 17:19.

Third Period

Weshington Coming (Johanneson Sturm) 3. Washington, Semin 3 (Johansson, Sturm) 16:23

N.Y. Rangers, Wolski 1 (McCabe, Avery)

19:28 Penalties — McCabe NYR (roughing, misconduct), Fedoreko NYR, Erskine Wash (roughing), Avery NYR (misconduct) 19:28.

NY. Rangers

6 10 11 — Washington

KINGS 3, SHARKS 1 First Period 1. Los Angeles, Simmonds 1 (Clifford, Scuderi) 3:26 5:56 2. Los Angeles, Clifford 3 (Simmonds, Richard-

2-Lbs Angeles, Penner 1 (Westgarth) 8:42 Second Period 4. San Jose, Marleau 2 (Wallin, Thornton) 5:43 Penalty — Westgarth LA (hooking) 15:36. Third Period

No Scoring.

Penalties — Greene LA (high-sticking) 10:09,
Greene LA (cross-checking) 13:23, Clowe SJ
(cross-checking) 15:03. (cross-check **Shots** Los Angeles

Power plays (goals-chances) — Los 0-1; San Jose: 0-4. Att. — 17,562 (17,562) at San Jose.

MAJOR LEAGUE BASEBALL

### **AMERICAN LEAGUE**

**EAST DIVISION** W L Pct GB 12 6 .667 — 11 11 .500 3 10 11 .476 3<sup>1</sup>/<sub>2</sub> 9 12 .429 4<sup>1</sup>/<sub>2</sub> New York Tampa Bay Boston Toronto 41/2 5 Baltimore 8 12 .400 CENTRAL DIVISION

L Pct GB 8 .619 — Cleveland Detroit Kansas City Minnesota Chicago 10 .545 10 .545 .429 12

WEST DIVISION L Pct 7 .667 14 / .667 — 12 10 .545 2½ 11 11 .500 3½ 8 15 .348 7

Seattle Yesterday's results Tampa Bay 2 Toronto 0 Boston 7 L.A. Angels 0 Detroit 3 Chicago White Sox 0 Minnesota 4 Cleveland 3

Los Angeles

N.Y. Yankees 6 Baltimore 3 (11 ings) Oakland 5 Seattle 2

Saturday Results Tampa Bay 6 Toronto 4 Boston 5 L.A. Angels 0
Detroit 9 Chicago White Sox 0 Minnesota 10 Cleveland 3 N.Y. Yankees 15 Baltimore 3 Oakland 9 Seattle 1

Texas 3 Kansas City 1

Tonight's games Chicago White Sox (Humber 1-2) at N.Y. Yankees (A.J.Burnett 3-0), 7:05 p.m. Toronto (Drabek 1-0) at Texas (Lewis 1-2), 8:05 p.m. Oakland (G.Gonzalez 2-1) at L.A. Angels (Weaver 5-0), 10:05 n m

HOCKEY

# **IIHF WOMEN'S WORLD CHAMPIONSHIP**

CHAMPIONSHIP BRACKET All Games at Zurich Yesterday's result

Fifth Place Sweden 3 Switzerland 2 (SO) Saturday's results

Semifinals Canada 4 Finland 1 U.S. 5 Russia 1 Todav's game

Finland vs. Russia, 10 a.m. Gold Modal Canada vs. U.S., 2 p.m.

### **IIHF WORLD MEN'S UNDER-18 CHAMPIONSHIP**

CHAMPIONSHIP RRACKET Yesterday's results Gold Medal U.S. 4 Sweden 3 (SO) Bronze Medal

Russia 6 Canada 4

# NATIONAL LEAGUE<sub>EAST DI</sub>-

VISION W L Pct GB 15 6 .714 — 13 7 .650 1½ 10 10 .500 4½ 11 12 .478 5 Washington Atlanta New York 9 13 .409 61/ CENTRAL DIVISION W L Pct 12 10 .545 St. Louis 10 .524 11 .500 Cincinnati 10 11 .476 9 12 .429 8 14 .364

Houston WEST DIVISION

GB

W L Pct 14 7 .667 12 11 .522 10 11 .476 Colorado Los Angeles San Francisco 8 12 .400 8 14 .364

Pittsburgh 7 Washington 2 Tonghits's games Twishington (Lannan 2-1) at Pittsburgh (Maholm 0-3), 7:05 p.m. LA. Dodgers (Garland 1-1) at Florida (Nolasco 2-0), 7:10 p.m. Colorado (Rogers 2-1) at Chicago Cubs (Garza 0-2), 8:05 p.m. Cincinnati (Arroyo 2-2) at Milwaukee (Narveson 1-0), 8:10 p.m. Philadobia (Cil Los 2-1) at Arizona

son 1-0), 8:10 p.m. Philadelphia (Cl.Lee 2-1) at Arizona (I.Kennedy 2-1), 9:40 p.m. Atlanta (D.Lowe 2-3) at San Diego (Moseley 0-3), 10:05 p.m.

# SOCCER

### **ENGLAND**

PREMIER LEAGUE Yesterday's result Bolton 2 Arsenal 1

### **GERMANY**

RUNDESLIGA

Yesterday's results Nuremberg 0 Mainz 0 Wolfsburg 4 Cologne 1

SCOTLAND PREMIER LEAGUE

Rangers 0 Celtic 0 Hibernian 1 St. Mirren 1 **SPAIN** 

LA LIGA Vesterday's results Atletico Madrid 4 Levante 1 Hercules 1 Deportivo La Coruna 0

Mallorca 2 Getafe 0 Sevilla 3 Villarreal 2 Sporting Gijon 1 Espanyol 0 Racing Santander 1 Malaga 2

# NBA

### **PLAYOFFS**

All times Eastern FIRST ROUND

### **EASTERN CONFERENCE**

Chicago (1) vs. Indiana (8) (Chicago leads series 3-1) Saturday Result Indiana 89 Chicago 84 Tomorrow's game Indiana at Chicago, 8 p.m. Miami (2) vs. Philadelphia (7) (Miami leads series 3-1) Yesterday's result

Philadelphia 86 Miami 82

Wednesday's game

Philadelphia at Miami, 7 or 8 p.m. Boston (3) vs. New York (6) (Boston wins series 4-0)

Yesterdsay's result Roston 101 Now York 80 Orlando (4) vs. Atlanta (5) (Atlanta leads series 3-1)

Last night's result Atlanta 88 Orlando 85 Tomorrow's game Atlanta at Orlando, 7:30 p.m.

### WESTERN CONFERENCE

San Antonio (1) vs. Memphis (8) (Memphis leads series 2-1) Saturday's result

Memphis 91 San Antonio 88

Tonight's game
San Antonio at Memphis, 8 p.m. L.A. Lakers (2) vs. New Orleans (7) (Series tied 2-2)

Last night's result New Orleans 93 L.A. Lakers 88 Friday's result L.A. Lakers 100 New Orleans 86

(Series tied 2-2)

Tomorrow's game New Orleans at L.A. Lakers, 10:30 p.m. Dallas (3) vs. Portland (6)

Saturday's result Portland 84 Dallas 82 Tonight's game
Portland at Dallas, 8:30 p.m.
Oklahoma City (4) vs. Denver (5) (Oklahoma City leads series 3-0)

Saturday's result Oklahoma City 97 Denver 94 Tonight's game

Oklahoma City at Denver, 10:30 p.m.

### GOLF

### **PGA THE HERITAGE** At HILTON HEAD, S.C.

Final round

(x-won on third playoff hole) x-Brandt Snedeker, \$1,026,000 69-67-72-64—272 Luke Donald, \$615,600 67-65-70-70—272 Tommy Gainey, \$387,600 71-67-67-68—273 Tim Herron, \$250,800 65-71-71-67-274 Ricky Barnes \$250 800 71-67-67-69-274 Nick O'Hern, \$190,950 70-66-72-68-276 69-66-71-70—276 71-67-68-70—276 70-68-73-66—277 Kevin Na, \$142,500

Paul Goydos, \$142,500 Stenhen Ames, \$23,969 David Hearn, \$15,504

72-68-69-72-281

72-67-70-68-277



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12

16

23

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# Crossword

### Across

1 Sugar meas 4 Historic time

7 lumn 11 Oil cartel

13 Fresh

14 Part of the foot 15 "Why not?"

15

18

33

37

41

50

56

59

England

8 Before

9 Expert

29

16 "CSI" evidence

17 "Monopoly" card

18 "Get lost!"

20 "Why not?" 22 Scarlet

24 Takes pleasure in

28 Capistrano bird 32 Block the flow of

33 Cab

34 Chatter

36 Egypt's river 37 British -

39 Completely en-

grossed

41 Brownish-gray antelope

43 Marshy area

44 Legislation 46 Incorrect

50 Not pizzicato

53 Multipurpose truck

55 Olympic sword

56 Food 57 Yank

58 Knitting need

59 Big village 60 Sudden turn

61 Parcel of land

Down

1 Playthings

2 Detail, for short

3 Bartlett or Bosc

5 Nevada city 6 Not sleeping

4 Conclusion

10 Third degree? 12 Schulz lad 19 Tillis or Torme 21 Moreover

23 Pooch 25 Leave out 26 Christmas

27 Raced 28 Use a swizzle stick 29 Cleanse

30 Wheelbase terminus

### 7 Nine-day queen of 31 Series of battles 35 Chest protector

44

38 Old French coin 40 Solemn promise

42 Butterfingers 45 Needle case

47 October birthstone 48 Pianist Peter

49 Mannered bloke 50 Performance

51 Greek P

52 Calf's mama 54 Omelet need

# ➤ Yesterday's answer

М	0	S	Т		D	Ε	В		Α	D	Α	М
1	D	Ε	Α		_	R	Е		S	1	L	0
Ν	0	R	М		S	Α	L		Т	S	Α	R
D	R	Ε	Α	М	Т		Т	S	Ε	Т	S	Е
			L	Е	1			Ε	R	R		
J	Α	D	Е		Ν	U	D	Е	Ν	Е	S	S
Α	L	1			С	S				S	0	0
R	Е	S	Р	_	Т	Ε	S		U	S	Р	S
		Т	Ε	D			Т	1	Ν			_
Α	Ν	Α	L	0	G		Α	F	F	Е	O	Т
L	Ε	S	Т		Α	Ν	Ν		0	Ρ	Α	I
D	Α	Т	Е		L	Α	С		L	Ε	G	0
Α	Ρ	Ε	Δ		Α	G	Е		Δ	Е	ш	R

### Sudoku

10

26 27

48 49

14

17

36

55

58

21

32

40

46

35

43

54

	1		5					
5	4					1		3
		6		7				9
6		1		8	4			
	2						6	
			6	5		8		4
8				9		5		
2		4					9	8
					3		2	

# How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

1	5	3	6	9	0	4	2	7
				2				
6	7	2	5	3	4	8	1	9
5	9	4	7	8	1	.6	3	2
2	8	1	3	6	5	7	9	4
3	6	7	2	4	9	5	8	1
7.	1	6	8	5	2	9	4	3
9	3	5	4	1	.0	2	7	0
4	2	8	9	7	3	1	0	5

# Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Anna, Babe, Happy 17th Month, I enjoy all the times we've been together, thank you for everything. I love you with all my heart~ From YIK

Moya Lubov, I wish I could go 15 hours in the future and 10.000 kilometres across the ocean. We'd write another article together, you'd wear your RCMP shirt, and recite me Japanese poetry. xo From SOLNYSHKO

Nathan Crane, I love you with all my heart and I'm so glad that we are together. I would shower with you in a thousand roses. From ADRIAN

Roxie, Since you've crept into my life Into every pore you have seeped I no longer know where I end and you begin Forever...we...are... From FRANCIE

T Aries March 21-April 20 You

Make the most of your oppor-

Find a way to switch off the chaos and confusion of the outside world.

CAN change things for the better, but you've got to work with like-minded souls.

Ω Leo July 23-Aug.23 The more negative others get the more determined you'll be to prove them wrong.

M Virgo Aug. 24- Sept. 22 Don't sit back and wait for others to take the lead — take it yourself and set the agenda.

 ← Libra Sept. 23-Oct. 23 Listen to your instincts and act on what they tell you.

M Scorpio Oct. 24-Nov. 22 Make a special effort to get along with the people you live, work and do business with.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

₹ Sagittarius Nov. 23-Dec. 21 If you neglect something small today something big could fall

the kind of risks you usually try

Certain people are going to make life difficult for you today

H Pisces Feb. 19-March 20. Start conversations with total strangers.

# A look at the weather

TODAY Min -1°

Max 16° Max 12°

TUFSDAY Min 4° WEDNESDAY

Min 4° Max 14° Michele McDougall (3) Weather Specialist "My favourite part is reporting the

weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes". WEEKDAYS 6AM



# Today's horoscope

will have to make some kind of sacrifice today, and you should do so willingly. ¥ Taurus April 21-May 21

II Gemini May 22-June 21

Gancer June 22-July 22 You



apart.

V Capricorn Dec. 22-Jan. 20

Aquarius Jan. 21-Feb. 18





Write a funny caption for the image above and send it to play@metronews.ca the winning caption will be published in tomorrow's Metro.

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